

## RESOURCES FOR VII!!!

(These are just a few ideas- there are so many more!  
Choose the ones appropriate for your child)

<https://littlebinsforlittlehands.com/all-about-sensory-bins-5-things-need-know/>

<https://childhood101.com/sensory-bins/>

Some ideas to kick start your imagination:

Go on a hunt or a dig- search for common objects such as forks, spoons, toilet paper rolls

Talk about colors and scents- use kool-aid to discuss color, look at colors

Use your voice, phones, iPads, toys to listen to sounds to learn about animals and other environmental sounds

Use apps to engage residual vision and engage auditory. Look for apps which have key words such as: scanning, visual motor, sound, and color .

A few apps I use include:

**Tap-N-See**

**EDA PLAY**

**BABY BUBBLES**

**GET DRESSED**

\*For students who are learning Braille- I am trying to get information on how we can practice remotely!

## MATH

Sort same objects (spoons, cups, towels, fruit)

Sort different objects (forks/spoons, towels/fruit)

Discuss object characteristics (we eat fruit, squares have four equal sides, circles are round)

Count real objects at home (blocks, cereal, cups)

Make a row of 2-3 objects and encourage scanning from left to right to find object/shape, etc.

# MATERIALS AROUND THE HOUSE TO USE

(JUST A FEW IDEAS)

**Markers-** make lines to trace, outline pictures to make them “pop”, circling items

**Paper-** cut out shapes

**Spaghetti-** create two dimensional shapes, create sensory bin

**Rice, flour, pasta, beans-** create sensory bins, hide objects to create a hunt

**Egg carton-** Create tens frame for counting, create sorting compartments for buttons

**Large buttons-** Sorting, counting

**Plastic bowls-** Sorting, counting containers

**Water bottles-** work on concepts as heavy/light, empty/full

**Foods-** discuss shapes, textures, smell

**Kool-aid packets-** Discuss colors associated with scents

**Puzzles-** work on spatial concepts

**Balls-** Catching, play skills, rolling, sorting big/small balls

**Cups-** sorting, stacking, nesting

**Laundry-** Sort into groups and/or by color

**Straws-** String cereal

**Laces/String-** String objects around the house

**Cereal-** Create art, sort different shapes,

**Magazines/Catalogs-** Create collages, Sort into groups by color, line up to scan from left to right

JUST HAVE FUN! PLEASE CONTACT ME WITH ANY QUESTIONS OR TO SSHARE IDEAS- [slthoms2@cps.edu](mailto:slthoms2@cps.edu)

MISS YOU!  
**SABRINA**